# ON THE PERIODIC RESONANT SOLUTIONS OF THE HAMILTONIAN SYSTEMS generating from the position of equilibrium* 

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A method is proposed of constructing and investigating the stability of periodic solutions of a canonical system of differential equations generating from the position of equilibrium. It is assumed that the system is almost autonomous and that a resonance exists in the forced oscillations. The investigation is based on applying to the Hamiltonian function a series of canonical changes of variables containing a small parameter. These changes make it possible to pass, in the finite approximation with respect to the small parameter, from the initial nonautonomous system with $n$ degrees of freedom to an autonomous system with one degree of freedom. A constructive procedure is given for formation and study of the periodic solution, requiring only the computation of the coefficients of the normal form of the Hamiltonian function.

1. Let us consider a system of canonical differential equations

$$
\begin{equation*}
\frac{d \xi_{i}}{d t}=\frac{\hat{\partial} \Gamma}{\partial \eta_{i}}, \quad \frac{d \eta_{i}}{d t}=-\frac{\partial \Gamma}{\partial \xi_{i}} \quad(i=1, \ldots, n) \tag{1.1}
\end{equation*}
$$

Here $\xi_{i}, \eta_{i}$ are the canonically conjugated coordinates and impulses, and $t$ is an independent variable. We shall assume that the Hamiltonian function $\Gamma$ depends on the small parameter $\mu$. When $\mu=0$, it determines the autonomous system of differential equations with the position of equilibrium $\xi_{i}=\eta_{i}=0$. Let the function $\Gamma$ be also analytic relatively to $\xi_{i}$, $\eta_{i}$ and $\mu$ in the neighborhood of their zero values, where it can be written in the form

$$
\begin{gather*}
\Gamma=\Gamma_{2}+\Gamma_{3}+\Gamma_{4}+\mu \Gamma_{1}+\ldots  \tag{1.2}\\
\Gamma_{p}=\sum_{v_{1}+\ldots+v_{n}+\mu_{1}+\ldots+\mu_{n}=p} \gamma_{1} \ldots v_{n} \mu_{1} \ldots \mu_{n} \xi_{1}^{v_{1}} \ldots \xi_{n}^{v_{n}} \eta_{1}^{\mu_{1}} \ldots \eta_{n}^{\mu_{n}}(p=2,3,4, \ldots) \\
\Gamma_{1}=\Gamma^{(1)} \sum_{k=1}^{\infty} A_{k} \sin k t+\Gamma^{(2)} \sum_{k=1}^{\infty} B_{k} \cos k t \\
\Gamma^{(s)}=\sum_{i=1}^{n}\left(\alpha_{s i} \xi_{i}+\beta_{s i} \eta_{i}\right) \quad(s=1,2)
\end{gather*}
$$

In the Hamiltonian (1.2) the dots denote terms of at least third order in $\mu, \xi_{i}, \eta_{i}$ and at least
 nonnegative integers. We assume that when $\mu=0$, then the system (1.1) contains no resonances up to and including the fourth order, i.e. that the following relation holds:

$$
\begin{equation*}
\sum_{i=1}^{n} m_{i} \omega_{i} \neq 0 \quad\left(0<\sum_{i=1}^{n}\left|m_{i}\right| \leqslant 4\right) \tag{1.3}
\end{equation*}
$$

for all integral $m_{i}$ satisfying the inequality within the brackets. Here $\omega_{i}$ denote the eigenfrequencies of the system linearized in the neighborhood of the position of equilibrium and defined by the Hamiltonian $\Gamma_{2}$. Then a real canonical transformation $\xi_{i}, \eta_{i} \rightarrow q_{i}, p_{i}, \Gamma \rightarrow H$ exists analytic in $\xi_{i}, \eta_{i}$ and reducing the Hamidtonian function (1.2) to its normal form /1,2/:

[^0]\[

$$
\begin{align*}
& H=H_{2}+H_{4}+\mu H_{1}+\cdots  \tag{1.4}\\
& H_{2}=\frac{1}{2} \sum_{i=1}^{n} \sigma_{i} \omega_{i}\left(q_{i}^{2}+p_{i}^{2}\right), \quad I_{4}=\frac{1}{4} \sum_{i, j=1}^{n} l_{i j}\left(q_{i}^{2}+p_{i}^{2}\right)\left(q_{j}^{2}+p_{j}^{2}\right) \\
& H_{1}=H^{(1)} \sum_{k=1}^{\infty} A_{k} \sin k t+H^{(2)} \sum_{k=1}^{\infty} R_{k} \cos k t \\
& H^{(s)}=\sum_{i=1}^{n}\left(a_{s i} q_{i}+b_{s i} p_{i}\right) \quad(s=1,2)
\end{align*}
$$
\]

Here $l_{i j}, a_{s i}, b_{s i}$ are constants coefficients and $l_{i j}=l_{j i}$, and the quantities $\sigma_{i}= \pm 1$ are obtained in the course of normalization of $\Gamma_{2}$.

Let us first consider the system described by the Hamiltonian function $H_{2}+\mu H_{1}(\mu \neq 0)$. Then the corresponding equations are linear and admit the following particular periodic solution:

$$
\begin{align*}
& q_{i}^{*}=\mu \sum_{k=1}^{\infty} \frac{1}{k^{2}-\omega_{i}^{2}}\left[\left(\sigma_{i} \omega_{i} a_{\mathbf{1}} A_{k}+k b_{2 i} B_{k}\right) \sin k t+\left(\sigma_{i} \omega_{i} a_{2 i} B_{k}-k b_{1 i} A_{k}\right) \cos k t\right]  \tag{1.5}\\
& p_{i}^{*}=\mu \sum_{k=1}^{\infty} \frac{1}{k^{2}-\omega_{i}^{2}}\left[\left(\sigma_{i} \omega_{i} b_{1 i} A_{k}-k a_{2 i} B_{k}\right) \sin k t+\left(\sigma_{i} \omega_{i} b_{2 i} B_{k}+k a_{1 i} A_{k}\right) \cos k t\right]
\end{align*}
$$

From this it follows that if the frequency $\omega_{m}=N_{0}$, where $N_{0}$ is a natural number, and at least one of the quantities

$$
\begin{equation*}
f\left(\sigma_{m}\right)=-\sigma_{m} A_{N_{0}} b_{1 m}+B_{N_{0}} a_{2 m}, \quad g\left(\sigma_{m}\right)=\sigma_{m} A_{N_{0}} a_{1 m}+B_{N_{0}} b_{2 m} \tag{1.6}
\end{equation*}
$$

does not vanish, then the formulas (1.5) do not describe the motion in a linear system. In this case we have a resonance in the forced oscillations.

The problem of constructing periodic solutions in the case of a resonance appearing in the forced oscillations has been studied in great detail in /3-11/for the general type of differential equations systems. Below we propose a method of analysing the periodic solutions of the Hamiltonian systems which are alnost autonomous. An algorithm is given for construction and study of periodic solutions, based on the normalization of the Hamiltonian function. The analysis of the solution requires only the knowledge of the coefficients of the normal form. Moreover the problem of normalizing the Hamiltonian function does not present any difficulties. The classical Birkhoff algorithm /1/ is well known. At present the Depree -Hori normalization algorithm is widely used. A number of programs have been written for this algorithm, for computing the coefficients of the normal form on a digital computer (*). We note that the problem of investigating the periodic solutions of the almost autonomous Hamiltonian systems was studied earlier (**) under the assumption that the Hamiltonian functions have symmetry properties.
2. Let $\omega_{m}=N_{0}+\varepsilon(|\varepsilon| \leqslant 1)$ and $\omega_{i}(i=1, \ldots, n ; i \neq m)$ have no integers, and let at least one of the quantities (1.6) be nonzero. To obtain a periodic solution in this resonant case, we must take into account the terms of the equation of motion nonlinear in $q_{i}$ and $p_{i}$. We perform, in the system with the Hamiltonian (1.4), the variable change $q_{i}=q_{i}{ }^{*}+q_{i}{ }^{\prime}, p_{i}=$ $p_{i}{ }^{*}+p_{i}{ }^{\prime}(i=1, \ldots, n)$ where $q_{i}{ }^{*}$ and $p_{i}{ }^{*}$ are given by the formula (1.5) and the terms containing $k=N_{0}$ are eliminated from the sums (1.5) where $i=m$. The above variables change cancels in the Hamiltonian $H_{1}$ the nonresonant terms (of frequency different from $N_{0}$ ). In the variables $q_{i}^{\prime}, p_{i}^{\prime \prime}$ the Hamiltonian function assumes the following form:

$$
\begin{aligned}
H= & \frac{1}{2} \sum_{i=1}^{n} \sigma_{i} \omega_{i}\left(q_{i}^{\prime 2}+p_{i}^{\prime 2}\right)+\frac{1}{4} \sum_{i, j=1}^{n} l_{i j}\left(q_{i}^{t^{2}}+{p_{i}^{\prime}}^{\prime 2}\right)\left(q_{i}^{\prime 2}+p_{j}^{\prime 2}\right)+ \\
& \mu\left[A_{N_{0}}\left(a_{1 m} q_{m}{ }^{\prime}+b_{1 m n} p_{m}{ }^{\prime}\right) \sin N_{0} t+\right. \\
& \left.B_{N_{0}}\left(a_{2 m} q_{m}^{\prime}+b_{2 m} p_{m}^{\prime}\right) \cos N_{0} t\right]+\cdots
\end{aligned}
$$

[^1]In the approximate system with the Hamiltonian (2.1) in which we neglect all terms which have not been written out, we have the solution $q_{i}{ }^{\prime}=p_{i}{ }^{\prime}=0 \quad(i=1, \ldots, n ; i \neq m)$, and the variation in $q_{m}{ }^{\prime}$ and $p_{m}{ }^{\prime}$ is determined by the Hamiltonian function

$$
\begin{align*}
& H^{\prime}={ }^{1 / 2} \sigma_{m} \omega_{m}\left(q_{m}^{\prime 3}+p_{m}^{\prime 2}\right)+{ }^{1} i_{4} l_{m m}\left(q_{m}^{\prime 2}+p_{m}^{\prime 2}\right)^{2}+  \tag{2.2}\\
& \quad \mu\left[A_{N_{0}}\left(a_{1 m} q_{m}^{\prime}+b_{1 m} p_{m}^{\prime}\right) \sin N_{0} t+B_{N_{n}}\left(a_{2 m} q_{m}^{\prime}+b_{2 m} p_{m}^{\prime}\right) \cos N_{0} t\right]
\end{align*}
$$

Passing to polar coordinates in accordance with the formulas $q_{m}{ }^{\prime}=\sqrt{2 r} \sin \varphi, p_{m}{ }^{\prime}=\sqrt{2 r} \cos \psi$, we obtain (2.2) in the form

$$
\begin{aligned}
& H=\sigma_{m} \omega_{m} r+l_{m m} r^{2}+1 /_{2} \mu \sqrt{2 r}\left[f(-1) \sin \left(\varphi+N_{0} t\right)+\right. \\
& g(-1) \cos \left(\varphi+N_{0} t\right)+f(+1) \sin \left(\varphi-N_{0} t\right)+g(+1) \times \\
& \left.\quad \cos \left(\varphi-N_{0} t\right)\right]
\end{aligned}
$$

where the quantities $f\left(\sigma_{m}\right), g\left(\sigma_{m}\right)\left(\sigma_{m}= \pm 1\right)$ are obtained from the formulas (1.6).
The variable change $r, \varphi \rightarrow \rho, \theta$ defined by the generating function

$$
S=\rho \varphi-\mu \frac{\sigma_{m} \sqrt{2 \varphi}}{4 N_{0}}\left[g\left(-\sigma_{m}\right) \sin \left(\varphi \div \sigma_{m} N_{0} t\right)-f\left(-\sigma_{m}\right) \cos \left(\varphi+\sigma_{m} N_{0} t\right)\right]
$$

according to the formulas

$$
r=\frac{\partial S}{\partial \varphi}, \quad \theta=\frac{\partial S}{\partial \varphi}
$$

eliminates from the Hamiltonian (2.3) the terms containing $\sin \left(\varphi+\sigma_{m} N_{0} t\right)$, $\cos \left(\varphi+\sigma_{m} N_{0} t\right)$. In the variables $\rho, \theta$ the approximate system has the following Hamiltonian:

$$
\begin{align*}
& H=\sigma_{m} \omega_{m} \rho+l_{m m} \theta^{2}+1 / 2 \mu \sqrt{2 \rho} \quad \delta \cos \left(\theta-\sigma_{m} N_{0} t+\theta_{0}\right)  \tag{2,4}\\
& \delta=\sqrt{f^{2}\left(\sigma_{m}\right)+g^{2}\left(\sigma_{m}\right)}, \quad \sin \theta_{0}=-\frac{f\left(\sigma_{m}\right)}{\delta}, \quad \cos \theta_{0}=\frac{g\left(\sigma_{m}\right)}{\delta}
\end{align*}
$$

Further, the substitution $\rho=R, \theta=\psi+\sigma_{m} N_{0} t-\theta_{0}$ yields the autonomous system

$$
\begin{equation*}
\frac{d R}{d t}=\mu \delta \frac{\sqrt{2 R}}{2} \sin \psi, \quad \frac{d \psi}{\partial t}=\sigma_{m} \varepsilon+2 l_{m m} R+\mu \frac{\delta}{2 \sqrt{2 R}} \cos \psi \tag{2.5}
\end{equation*}
$$

with Hamiltonian function

$$
\begin{equation*}
H=\sigma_{m} \varepsilon R+l_{m m} R^{2}+1_{2} \mu \nu \sqrt{2 R} \delta \cos \psi \tag{2.6}
\end{equation*}
$$

If the solution $R_{0}, \psi_{0}$ of the system (2.5) corresponds to the position of equilibrium, then we obtain the following $2 \pi$-periodic solutions in the variables $q_{t}$ and $p_{i}$ :

$$
\begin{align*}
& q_{m}^{0}=\sqrt{2 R_{0}} \sin \left(\sigma_{m} N_{0} t+\psi_{0}-\theta_{0}\right)+\ldots, \quad q_{i}^{\circ}=0+\ldots  \tag{2.7}\\
& (i=1, \ldots, n ; i \neq \\
& p_{m}^{0}=\sqrt{2 R_{0}} \cos \left(\sigma_{m} N_{0} t+\psi_{0}-\theta_{0}\right)+\ldots, p_{i}^{\circ}=0+\ldots
\end{align*}
$$

From (2.5) it follows that $\psi_{0}=0$ or $\psi_{0}=\pi$, and $R_{0}$ satisfies the equation

$$
\begin{equation*}
z^{3}+\frac{\sigma_{m} \hat{2}}{l_{m m}} z+\frac{\mu \delta}{2 l_{m m}}=0 \quad\left(z \cos \psi_{0}=\sqrt{2 R_{0}}\right) \tag{2.8}
\end{equation*}
$$

where we assume that the coefficient $l_{m m} \neq 0$.
In what follows we shall limit ourselves to investigating the periodic solutions passing, at $\mu=0$, to the position of equilibrium $\xi_{i}=\eta_{i}=0$ of the generating system. Equation (2.8) has either one, or three real roots, depending on whether its discriminant

$$
D=\frac{1}{l_{m m}^{2}}\left(\frac{\mu^{2} D^{2}}{16}+\frac{\sigma_{m} \mathrm{e}^{3}}{27 l_{m m}}\right)
$$

is positive or negative, respectively. From (2.7) and (2.8) it follows that when $D<0(D>0)$, then three (one) $2 \pi$-periodic solutions (solution) exist(s). The equation of the branching curve $D=0$ has the form


Fig. 1

$$
\begin{equation*}
|\mu|=\frac{4}{3 \delta} \sqrt{-\frac{\sigma_{m} \varepsilon^{3}}{3 l_{m m}}}, \quad\left(\sigma_{m} \varepsilon l_{m m}<0\right) \tag{2.9}
\end{equation*}
$$

The Fig. 1 depicts schematically the curves $D=0$ in the parameter plane $\varepsilon, \mu\left(\sigma_{m}=+1\right)$. Solid lines depict the curves at $l_{m m}<0$, and the dashed lincs at $l_{m m}>0$. The shading shows the domains of existence of three periodic solutions.

Taking into account the notation introduced above, we can finally write the $2 \pi$-periodic solutions (2.7) in the form

$$
\begin{array}{lc}
q_{m}^{\circ}=z \sin \left(\sigma_{m} N_{0} t-\theta_{0}\right)+\ldots, & q_{i}^{\circ}=0+\ldots  \tag{2.10}\\
(i=1, \ldots, n ; \quad i \neq m) \\
p_{m}^{\circ}=z \cos \left(\sigma_{m} N_{0} t-\theta_{0}\right)+\ldots, & p_{i}^{\circ}=0+\ldots
\end{array}
$$

where $\theta_{0}$ and $z$ are given by the formulas (2.4) and equations (2.8) respectively.
The expression (2.10) contains, in the explicit form, only the principal (of the order of $\mu^{1 / 2}$ ) terms, and repeated dots denote the terms of the order of at least $\mu^{2 / 3}$. To include in (2.10) terms of the order of $\mu^{1 / 3}$ and higher, we must restore in the Hamiltonian function (1.4) the neglected terms of the order of $\mu \%$ and higher respectively. If the coefficient $l_{m m}$ in the Hamiltonian function $H_{4}$ of (1.4) is zero, then a sixth order form in $\xi_{i}, \eta_{i}$ must be included in the Hamiltonian (1.2). In terms of the normal coordinates $q_{i}$ and $p_{i}$ this form is

$$
H_{6}=\frac{1}{8} \sum_{i, j, k=1}^{n^{\prime}} l_{i j k}\left(q_{i}^{2}+p_{i}{ }^{2}\right)\left({q_{j}}^{2}+p_{j}{ }^{2}\right)\left(q_{k}^{2}+p_{k}{ }^{2}\right)
$$

In addition, we must demand that, when $\mu=0$, then the system (l.l) be free of resonances of up to and including the sixth order. Carrying out the computations analogous to the case $l_{m m} \neq 0$, we obtain the following equation for $z$ from (2.10):

$$
z^{5}+\frac{4 J_{m} \varepsilon}{3 l_{m m m}} z+\frac{2 \mu \delta}{3 l_{m m m}}=0
$$

3. A strict proof of the formal procedure of constructing the periodic solutions given in Sect. 2 can be carried out with the help of the Polncare's small parameter method /3-5/. It was found that the $2 \pi$-periodic solutions (2.10) of the system (1.1) constructed formally with the help of the normal forms, in the presence of resonance in the forced oscillations and for sufficiently small in module values of $\mu$, indeed exist for all values of the parameters of the problem included in the discussion, except perhaps the branching curve $D=0$ given by formula (2.9). No other $2 x$-periodic solution passing at $\mu=0$ to the solution $\xi_{i}=\eta_{i}=0$ exists in the system (1.1).

We note that in the paper /4/, while studying periodic solutions in the systems close to the Liapunov systems, it was assumed that the quantity $\varepsilon=\omega_{m}-N_{0}$ was of the order of $\mu$ when a resonance was present, and the existence of a unique periodic solution passing at $\mu=0$ to the position of equilibrium of the generating system, was established. In the present case we have either one, or three periodic solutions. The disparity in the number of periodic solutions is caused by the fact that here the parameters $\mu$ and $\varepsilon$ are assumed independent. Three periodic solutions exist in the case when $\varepsilon$ is of the order of $\mu^{3, \%}$. If $\varepsilon$ is of the first order with respect to $\mu$, then the system (1.1) has, at sufficiently small in module values of $\mu$ only one periodic solution obtained in /4/.
4. Let us consider the problem of stability of the periodic solutions (2.10), restricting ourselves to analysing the stability in the linear approximation. In the process of constructing the periodic solutions (2.10) we have assumed that when $\mu=0$, then the system (1.1) has no first order resonances except $\omega_{m}=N_{0}$. In considering the problem of stability we shall also assume that the system (1.1) has also no second order resonances when $\mu=0$, i.e.

$$
\begin{equation*}
\sigma_{i} \omega_{i}+\sigma_{j} \omega_{j} \neq \pm N \quad(N=1,2, \ldots ; i, j=1, \ldots, n) \tag{4.1}
\end{equation*}
$$

and in the case $i=j$ we have $i \neq m$. This implies the absence of multiple resonances in the system, hence the stability of periodic solutions described by the formulas (2.10) will be
determined by the part of the Hamiltonian function of perturbed motion depending on the variables with index $m$. We study the stability by introducing the variables $q^{\prime \prime}$ and $p^{\prime \prime}$ with help of the formulas $q^{\prime \prime}=\sqrt{2 R} \sin \psi, p^{\prime \prime}=\sqrt{2 R} \cos \psi$. The Hamiltonian function (2.6) now assumes the form

$$
\begin{equation*}
H^{\prime \prime}=\sigma_{m} \varepsilon \frac{q^{m^{2}}+p^{\prime \prime} \mathbf{\Sigma}}{2}+l_{m m}\left(\frac{q^{\prime \prime} \leq p^{m_{2}}}{2}\right)^{2}+\frac{\mu \delta}{2} p^{\prime \prime} \tag{4.2}
\end{equation*}
$$

and the equilibrium solution of the system (2.5) can be written in the form

$$
q_{0}^{\prime \prime}=0, \quad p_{0}^{\prime \prime}=\sqrt{2 R_{0}} \cos \psi_{0}=z
$$

Carrying now in the Hamiltonian (4.2) the variables change according to the formulas
$q^{\prime \prime}=y, p^{\prime \prime}=p_{0}^{\prime \prime}+Y$, we obtain the part of the quadratic form of the Hamiltonian function of perturbed motion, which depends on the variables with index $m$, in the form

$$
H_{2}{ }^{n}=1 / 2\left(\sigma_{m} \varepsilon-l_{m m} p_{0}{ }^{\prime \prime}\right) y^{2}+1 / 2\left(\sigma_{m}^{\varepsilon}+3 l_{m m} p_{0}{ }^{\prime \prime 2}\right) Y^{2}
$$

From this it follows that the necessary and sufficient condition for the stability of the periodic solutions (2.10) in the first approximation, in the absence in the system of resonances of the type (4.1), is that the following inequality holds:

$$
\begin{equation*}
\left(\sigma_{m} \varepsilon+l_{m m} z^{2}\right)\left(\sigma_{m} \varepsilon+3 l_{m m} z^{2}\right)>0 \tag{4.3}
\end{equation*}
$$

where $z$ is given by (2.8). From the condition (4.3) it clearly follows that in the case of an exact resonance (i.e when $\varepsilon=0$ ), a unique periodic motion described by the formulas (2.10) is always stable in the first approximation.

Let $\varepsilon \neq 0$. If $\sigma_{m} \varepsilon l_{m m}>0$ (i.e. $D>0$ ), then (4.3) implies that the unique $2 \pi$-periodic solution existing in this case is always stable. The case $\sigma_{m} \varepsilon l_{m m}<0$ should be investigated by the simultaneous study of the condition (4.3) and equation (2.8). Let us give $\exists$ brief description of the results of investigating the stability of periodic solutions described by the formulas (2.10). If $D>0$, then the unique periodic solution which exists, is stable for any value of $\varepsilon$. When $D<0$, three periodic solution (2.10) exist, with the amplitudes $\left|z_{k}\right|(k=1,2,3)$. We shall assume that $z_{1}>z_{2}>z_{3}$. Then for $\mu l_{m m}>0$ the periodic solution (2.10) with amplitude $\left|z_{1}\right|$ is unstable, and solutions with the amplitudes $\left|z_{2}\right|,\left|z_{3}\right|$ are stable. If $\mu l_{m m}<0$, then the periodic solutions with the amplitudes $\left|z_{1}\right|,\left|z_{2}\right|$ are stable and the solution with the amplitude $\left|z_{3}\right|$ is unstable. The results of investigating the stability of periodic solutions (2.10) are shown in the Fig. 1 in the plane of parameters $\varepsilon, \mu\left(\sigma_{m}=+1\right)$. The crosshatched regions have three periodic solutions. When $\varepsilon$ and $\mu$ are in region $3 a$, the periodic solution with the amplitude $\left|z_{1}\right|$ is unstable and those with the amplitudes $\left|z_{2}\right|,\left|z_{3}\right|$ are stable. In the regions 3b on the other hand, the periodic solutions with the amplitudes $\left|z_{1}\right|,\left|z_{2}\right|$ are stable, and that with the amplitude $\left|z_{3}\right|$ is unstable. On passing across the branch curves $\nu=0$ from the crosshatched region of parameters $\varepsilon, \mu$ into the regions 1 , the unstable and stable periodic solutions merge at the branching line and vanish in the regions 1.
5. In conclusion we shall describe, step by step, the procedure of constructing and investigating the stability of periodic solutions in the case of a resonance present in the forced oscillations.

1) determination of the problem's parameter values eliminated from the discussion, for which the initial system (1.1) has resonance relations of up to and including the fourth power, described by the formulas (1.3), (1.4) and (4.1);
2) normalization of the forms $\Gamma_{2}, \Gamma_{3}, \Gamma_{4}$ of the Hamiltonian (1.2) (determination of the coefficients $a_{s m}, b_{s m}$ and $l_{m m}$ );
3) computation of $f$ and $g$ by means of the formulas (1.6);
4) determination of the quantities $\sin \theta_{0}, \cos \theta_{0}, \delta$ using the formulas (2.4);
5) derivation of the branching curve equation using the formula (2.9);
6) determination of the amplitude $\mid z$ lof periodic solutions (2.10) using the equation (2.8);
7) computation of the resonant periodic solutions from the formulas (2.10);
8) computation of $2 \pi$-periodic solutions in the initial variables $\xi_{i}, \eta_{i}$,
9) determination of the stability in the first approximation of periodic solutions obtained using Sect. 4 and the Fig.l.

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